

# The Engebretsen symposium: Sports medicine - getting on in age, but still young

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Thursday, Nov 21, 2019 – Auditorium Innsikt, Norges idrettshøgskole  
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## Program:

**08:30 Uğur Erdener** (Professor, Vice President, International Olympic Committee & Chair, IOC Medical Commission): *Opening*

**08:40 Roald Bahr** (Professor, Oslo Sports Trauma Research Center, Norwegian School of Sport Sciences & Chief Medical Officer, Olympiatoppen): *The past, present and future of sports medicine – a single-case study*

**09:00 Richard Budgett** (Director, Medical and Scientific Department, International Olympic Committee): *Developing and delivering sports medicine to the world of sports – The role of the International Olympic Committee*

**09:20 Tore Øvrebø** (CEO, Olympiatoppen): *The role of sports medicine in an elite Olympic and Paralympic sports programme*

**09:40 Jon Olav Drogset** (Professor, Department of Orthopedic Surgery, Norwegian University for Science and Technology): *Treatment of ACL injuries – from Trondheim to the world stage*

### 10:00 Break

**10:30 Romain Seil** (Professor, Centre Hospitalier de Luxembourg): *ACL injuries among children and adolescents*

**10:50 Andreas Persson** (PhD fellow, Oslo Sports Trauma Research Center): *What have we learned, what can we learn and what can we not learn from ACL registry research?*

**11:10 Asbjørn Aarøen** (Professor, Department of Orthopedic Surgery, Akershus University Hospital & Oslo Sports Trauma Research Center): *Cartilage injuries to the knee – The ultimate challenge for the orthopedic surgeon*

**11:30 Gino Kerkhoffs** (Professor & Chair, Department of Orthopedic Surgery, Amsterdam University Medical Centers; Chair Academic Center for Evidence based Sportsmedicine (ACES): *Ankle cartilage treatment in athletes in Amsterdam - from sprain to TOPIC*

### 11:50 Break

**12:30 Marc Strauss** (Consultant, Department of Orthopedic Surgery, Oslo University Hospital & Olympiatoppen, PhD fellow, Oslo Sports Trauma Research Center): *Assessment and treatment of knee dislocations – can we do better?*

**12:50 Jan Brinchmann** (Research Group Leader, Oslo University Hospital): *New treatment strategies for osteoarthritis - the Thon project*

**13:10 Jon Karlsson** (Professor, Göteborgs universitet & Sahlgrenska hospital): *Treating Achilles tendon ruptures in the elite athlete*

### 13:30 Break

**14:00 Willem van Mechelen** (Professor, Amsterdam UMC, location VUmc, Amsterdam): *Preventing injuries in sports – where are we 14 years after the First World Congress of Sports Injury Prevention?*

**14:20 Grethe Myklebust** (Professor, Oslo Sports Trauma Research Center, Norwegian School of Sport Sciences): *From research to action – SKADEFRI, the Norwegian sports injury prevention program*

**14:40 Sverre Løken** (Head of Arthroscopy Unit, Orthopedic Department, Oslo University Hospital & Oslo Sports Trauma Research Center): *My life with Lars – from being an athlete, his orthopedic resident, his PhD student, to finally being his boss*

**14:50 Torbjørn Soligard** (Scientific Manager, Medical and Scientific Department, International Olympic Committee): *My life with Lars – from the Norwegian School of Sport Sciences to the International Olympic Committee*

**15:00 Fredrik Bendiksen** (MD, Consultant): *Lars – The (Hu)Man*

